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Your essential daily news | MONDAY, JUNE 13, 2016

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'Heartbreaking day'

ORLANDO SHOOTING

Vancouver LGBTQ reeling after mass killing in U.S.

David P. Ball
Metro | Vancouver

Morgan Oger heard about Sunday morning's gay bar massacre in Florida shortly after explaining to a former classmate why she didn't feel safe in most nightclubs.

"I had just told an old classmate that I don't go to cishetero clubs because I don't feel safe there," the Trans Alliance chair told Metro. "Most people don't understand what that danger or fear is. This was devastating. It was horror."

That's a sentiment shared by others in Vancouver's lesbian, gay, bisexual, transgender and queer (LGBTQ) communities — including former Vancouver police detective Lorimer Shenher who said on Twitter: "For many LGBTQ people, the club was our church when no church would have us."

Vancouver Pride Society held a candlelight vigil Sunday evening at the Vancouver Art Gallery "in honour of the Orlando victims and their families."

NDP MLA Mable Elmore told Metro that the massacre "just really hits home" as a reminder that "homophobia and transphobia are deadly."

"We're celebrating gay pride here in Vancouver and across B.C.," she said in a phone interview, "but we have to continue those efforts to bring an end to that type of hatred.

"This is certainly the worst example, but people are killed for their sexual orientation, gender identity and expression."

Several hundred people attended a candlelight vigil at the Vancouver Art Gallery on Sunday evening. DAVID P. BALL/METRO

> **It just really hits home ... It's a reminder that homophobia and transphobia are deadly.**
> Mable Elmore, MLA

In the dark hours early Sunday morning, a gunman entered Orlando's Pulse nightclub — a gay bar popular with the city's Latino LGBTQ community — and opened fire on the crowd, killing 50 and sending another 53 to hospital. It was the largest mass shooting in modern U.S. history.

Although the motives and associations of the shooter — a U.S. citizen — are under investigation, President Barack Obama described the tragedy as a "massacre" and an "act of hate," and spoke directly to the LGBTQ community in a statement.

"This is an especially heartbreaking day for all our friends — our fellow Americans — who are lesbian, gay, bisexual or transgender," the president stated Sunday.

"The shooter targeted a nightclub where people came together to be with friends, to dance and to sing, and to live.

"The place where they were attacked is more than a nightclub — it is a place of solidarity and empowerment where people have come together to raise awareness, to speak their minds, and to advocate for their civil rights."

Obama ordered flags be flown at half-mast at all U.S. embassies, consulates, public buildings, military and naval stations the world over.

But for Oger, widespread condemnation of the massacre that is emerging from all sides of the political spectrum is not enough to undo the damage of "years of organized hate campaigns by Christian conservatives," she told Metro. "This guy is just a reflection of that five per cent of society who are bigots and hate others for bigoted reasons, and will actually go act on it.

"He didn't have the ability to raise a moral army, so instead he picked up a gun."

Oger added that the Pulse bar massacre will likely wake many people up to the fact that, "as long as you tolerate any hate-based propaganda against a population like ours, we are vulnerable," she added. "It's no more horrible than what happened in the Paris mass killings or when somebody goes and shoots up a school, but nonetheless ultimately it's my community.

"It's a reminder that of the people out there who threaten me, some of them might go act on it. I'm sure we will feel less safe."

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metro NEWS
Your essential daily news

Decriminalize marijuana before legalizing it, NDP urges Liberals.

Vancouver names 'Little Italy'

FESTIVAL

Ravioli, gnocchi tiramisu some delights off Commercial Dr.

Wanyee Li
Metro | Vancouver

Reza Moradian, whose brother works as a chef at Arriva, serves pasta to people celebrating Italian Day on Commercial Drive in Vancouver's "Little Italy." WANYEE LI/METRO

Thousands turned out to the seventh annual Italian Day on Commercial Drive Sunday as Vancouver officially designated the area "Little Italy."

This year's theme was "Mangiamo!" or "Let's eat!" and centred around Italian's passion for food. The street was closed to cars and store-owners set up booths along the road, selling everything from spaghetti and meatballs to Italian-made shoes.

"We do this every year and every year I help out," said Reza Moradian, whose brother is the chef at Arriva Ristorante, an Italian business that has been a landmark on Commercial Drive for more than 25 years.

"It's always busy," he said proudly, pointing out the line-up of people who were waiting for a scoop of steaming hot pasta. The line stretched down the block.

The restaurant is one of many Italian businesses on the street celebrating the naming of Vancouver's Little Italy, an eight-block stretch of Commercial Drive that centres on 1st Avenue.

About 80 per cent of the businesses in that area are owned and operated by Italians, said Melissa De Genova, the NPA city councillor who brought forward the Little Italy motion in April.

Many in Vancouver have called the area Little Italy for decades but De Genova said it was important to her personally that the city gave it an official designation.

"Being of Italian heritage, this is a special day for me and my family as well. My grandfather came here as an immigrant from Italy and it was a struggle for him," she said.

"Today, it's about moving forward, it's about teaching the next generation about Italian heritage."

Many dignitaries, including the Consul General of Italy and the Italian Ambassador to Canada were present for Sunday's celebrations.

"It's a truly historic day, as we celebrate over 50 years of Italian heritage and the official Little Italy designation on Commercial Drive," said Vancouver Mayor Gregor Robertson.

The city may install more Italian-markers on The Drive in the future, such as red, green and white crosswalks, according to De Genova.

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Former Vancouver construction worker Oscar Mata Duran is shown in a photo. Canada's border agency is pulling the plug on the controversial reality TV program Border Security after the federal privacy commissioner found the agency violated the rights of a construction worker filmed during a raid in Vancouver. BRITISH COLUMBIA CIVIL LIBERTIES ASSOCIATION/THE CANADIAN PRESS

Show scrapped over privacy violations

REALITY TV

Activists call commissioner ruling a victory

David P. Ball
Metro | Vancouver

A former Vancouver construction worker deported three years ago said he's "hopeful" after Canada's privacy tsar ruled the government violated his privacy when it allowed a reality television show to film his arrest.

Oscar Mata Duran, a Mexican national, was one of eight undocumented workers rounded up in a Canada Border Services Agency raid on his workplace in March 2013 and later deported.

This week, the privacy commissioner issued a 26-page ruling that the consent form Mata Duran signed after the filming was "coercive" and not "valid consent" because he wasn't in "a clear frame of mind to provide truly voluntary consent."

Going even further, the commissioner questioned whether "there is a public interest to be served" at all by televising any government body's activities.

Mata Duran said he's "happy" to see his complaint succeed, even if it took three years.

"I am grateful to everyone who fought for the rights of people like me," he said in a statement released by the group No One Is Illegal. "I am hopeful that Canada will be more accepting of migrants and refugees.

"I would love to be back. We are people seeking better and safer lives and should not be treated as illegal."

According to Laura Track, a lawyer with the B.C. Civil Liberties Association which represented Mata Duran, the favourable ruling was the result of a "big community mobilization … by many organizations" to get the show scrapped.

"It's been three years, but we finally have the victory we've been waiting for," Track told Metro in a phone interview. "It doesn't give Mr. Mata a lot of personal remedy, but it really speaks to the courage of people like him who made this privacy complaint knowing it wasn't going to do anything for him. It was important from an accountability perspective."

Revelations that CBSA and the former Conservative cabinet approved and facilitated the National Geographic show Border Security: Canada's Front Line filming the raid sparked a campaign and petition to cancel the show.

Activists declared victory in the wake of the ruling. CBSA confirmed the show won't continue for a fourth season.

"After thorough internal discussion on the benefits to the CBSA, the Office of the Privacy Commissioner's recommendations, the allocation of resources, and the services we provide to Canadians, the CBSA decided not to continue with a fourth season of the television series," spokeswoman Esme Bailey told Metro in an emailed statement.

She added that CBSA neither paid nor received money for the show, but that it "showcased our professionalism, and captured what makes us proud to work at the CBSA.

"Participation in the series helped foster greater public awareness and appreciation for the challenging environment" in which border officers work.

> **I am grateful to everyone who fought for the rights of people like me. I am hopeful that Canada will be more accepting of migrants and refugees.** Mata Duran

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‘Craft cannabis’ growers ask for a seat at the table

SMALL BUSINESS

Advocates say jobs, tourism at stake in who rules protect

Travis Lane has been growing marijuana since high school, when his first pot plant swiftly withered and died in his bedroom closet. By the time he was 20, he had cultivated a small basement grow-operation.

Now in his mid-30s, Lane owns an online dispensary and runs two plant operations on Vancouver Island (of about 390 plants each). He employs two growers and raises his plants without pesticides or liquid fertilizer.

“I don’t want to hide what I do. I’m good at what I do. I’m proud of being good at what I do,” he said. “I’ve been proactive my whole life in trying to move towards a time where I can openly be a cannabis professional.”

Lane holds two Health Canada licences for the grow sites, making his pot production legal for medical purposes. But with the federal Liberals committed to legalizing cannabis for recreational use, Lane is among the smaller-scale growers fighting for a seat at the table.

The government is still in the early stages of developing the legislation it plans to introduce next spring. Those behind a budding “craft cannabis” movement warn, however, that if the law favours large-scale commercial producers, then jobs and potential tourism revenues will be lost and the black market will continue to thrive.

Internet Cannabis Dispensary CEO Travis Lane, a small-scale marijuana grower, wants to ensure the Liberals don’t suppress small grow-ops with legalization roll-out. CHAD HIPOLITO/THE CANADIAN PRESS

> It’s going to be the National Energy Program all over again.
> Ian Dawkins

“It’s going to be the National Energy Program all over again, but instead of Alberta and oil, it’s going to be B.C. and cannabis,” said Ian Dawkins of the Cannabis Growers of Canada, referring to the 1980 policy that infuriated Albertans when the federal government tried to gain more control over the oil industry.

“You’re talking about economic activity that has sustained communities that have been devastated by the loss of primary industries.”

His group, a national trade association representing small and medium-sized pot growers and vendors, recently commissioned a report on B.C.’s cannabis industry. Economist Larissa Flister used Colorado, a similarly sized state with legal pot, as a proxy to estimate that about 13,700 people have marijuana-related jobs in B.C.

It’s a rough figure that’s impossible to verify due to the illegality of the jobs, but several estimates have pegged the value of B.C.’s pot industry at between $2 billion and $7 billion.

Advocates say they are fighting to ensure that legalization actually recognizes those workers, rather than pushing them further underground.

Dawkins pointed to the federal Liberals’ cautious tone, and intense lobbying by large licensed producers, pharmacies and liquor stores, as signs the government could be headed towards a strict regime without space for smaller growers or dispensaries.

“If you’re selling cannabis in a liquor store, in this tightly controlled regulatory environment, you’re not creating tourism. There was no winery tourism in B.C. until they began to de-regulate the winery sector and allow for all these wineries to pop up in the Okanagan,” he said.

“Cannabis is no different. No one is going to fly to Vancouver to go to a pharmacy and buy the Budweiser of joints.”

THE CANADIAN PRESS

SUPREME COURT

Mountie sues RCMP

A Mountie who responded the night a Polish immigrant died at Vancouver’s airport has filed a lawsuit against the RCMP alleging negligence and harassment.

Const. Bill Bentley has filed a notice of civil claim in B.C. Supreme Court naming the Attorney General of Canada and B.C.’s justice minister as defendants.

Bentley was one of four officers who confronted Robert Dziekanski at the airport in October 2007, when the man was stunned with a Taser and died.

Court documents from the lawsuit allege that Bentley received a call of support from the commissioner of the RCMP shortly after the incident, but the force’s support quickly waned.

The notice of claim alleges the RCMP mismanaged information in the case, creating public perception of wrongdoing by the officers, and that Bentley was made a “scapegoat” for public criticism.

“Throughout the ordeal ... the plaintiff has been a loyal member of the RCMP and has been prevented from publicly defending himself to the wrongful allegations about him by both the RCMP and the media as a result of his oaths and orders received from superior officers,” the claim states.

Allegations in the documents have not been proven in court and statements of defence have not been filed.

THE CANADIAN PRESS

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SUBSTANCE ABUSE

Health Canada questioned over claims about W-18 drug

Experts are questioning widely circulated Health Canada claims that the drug W-18 is 100 times more powerful than fentanyl, or that the new arrival to the illicit-drug scene is even technically an opioid.

Dr. David Juurlink, head of pharmacology and toxicology at the Sunnybrook Health Sciences Centre in Toronto, said that while W-18 could very well be dangerous, more research is needed before conclusions can be drawn about its chemical behaviour and potency.

“The main thing we know is that we don’t know very much,” Juurlink said in an interview. “It’s clearly a chemical and it does something but what exactly it does is not clear.”

> The main thing we know is that we don’t know very much.
> Dr. David Juurlink

What is known is that W-18 is a synthetic compound created and patented at a University of Alberta laboratory as a potential pain reliever in the late 1970s and early 1980s. It was one of 32 chemicals produced in the so-called W-series, none of which were ever produced commercially.

As of June 1, Canada made it illegal to produce, possess, import, export or traffic W-18 after the substance was identified during several illicit-drug seizures.

Researchers looking at the chemical structure suggest the compound doesn’t bind to opioid receptors in the body the way fentanyl or other opioids do, Juurlink said.

The inventor of W-18 also disputes the claims being made about the chemical. Retired chemist Ed Knaus said that while the other compounds in the W-series behaved in some ways like opioids, that same behaviour wasn’t displayed in W-18.

“It’s always possible (that it’s an opioid) because we didn’t prove the mechanism of action,” Knaus said. He added that W-18 isn’t necessarily 10,000 times more toxic or dangerous than morphine. THE CANADIAN PRESS

‘Nobody stood a chance’: Witness

MASSACRE

Gunman dead after killing at least 50 at gay nightclub

It had been an evening of drinking, dancing and drag shows. After hours of revelry, the partygoers crowding the gay nightclub known as the Pulse took their last sips before the place closed.

That’s when authorities say Omar Mateen emerged, carrying an AR-15 and spraying the helpless crowd with bullets. Witnesses said he fired relentlessly — 20 rounds, 40, then 50 and more. In such tight quarters, the bullets could hardly miss. He shot at police. He took hostages.

When the gunfire finally stopped, he had slain 49 people and critically wounded dozens more in the deadliest mass shooting in modern U.S. history. Mateen, who law enforcement officials said had pledged allegiance to Daesh in a 911 call around the time of the attack, died in a gun battle with SWAT team members.

Authorities immediately began investigating whether the assault was an act of terrorism and probing the background of Mateen, a 29-year-old American citizen from Fort Pierce, Fla.

The gunman’s father recalled that his son recently got angry when he saw two men kissing in Miami and said that might be related to the assault.

Jon Alamo had been dancing at the Pulse for hours when he wandered into the club’s main room just in time to see the gunman. “You ever seen how Marine guys hold big weapons, shooting from left to right? That’s how he was shooting at people,” he said.

“My first thought was, oh my God, I’m going to die,” Alamo said. “I was praying to God that I would live to see another day.”

Pulse patron Eddie Justice texted his mother, Mina: “Mommy I love you. In club they shooting.” About 30 minutes later, hiding in a bathroom, he texted her: “He’s coming. I’m gonna die.” As Sunday wore on, she awaited word on his fate.

At least 53 people were hospitalized, most in critical condition, and a surgeon at Orlando Regional Medical Center said the death toll was likely to climb.

The Orlando shooting started about 2 a.m., with more than 300 people inside the Pulse.

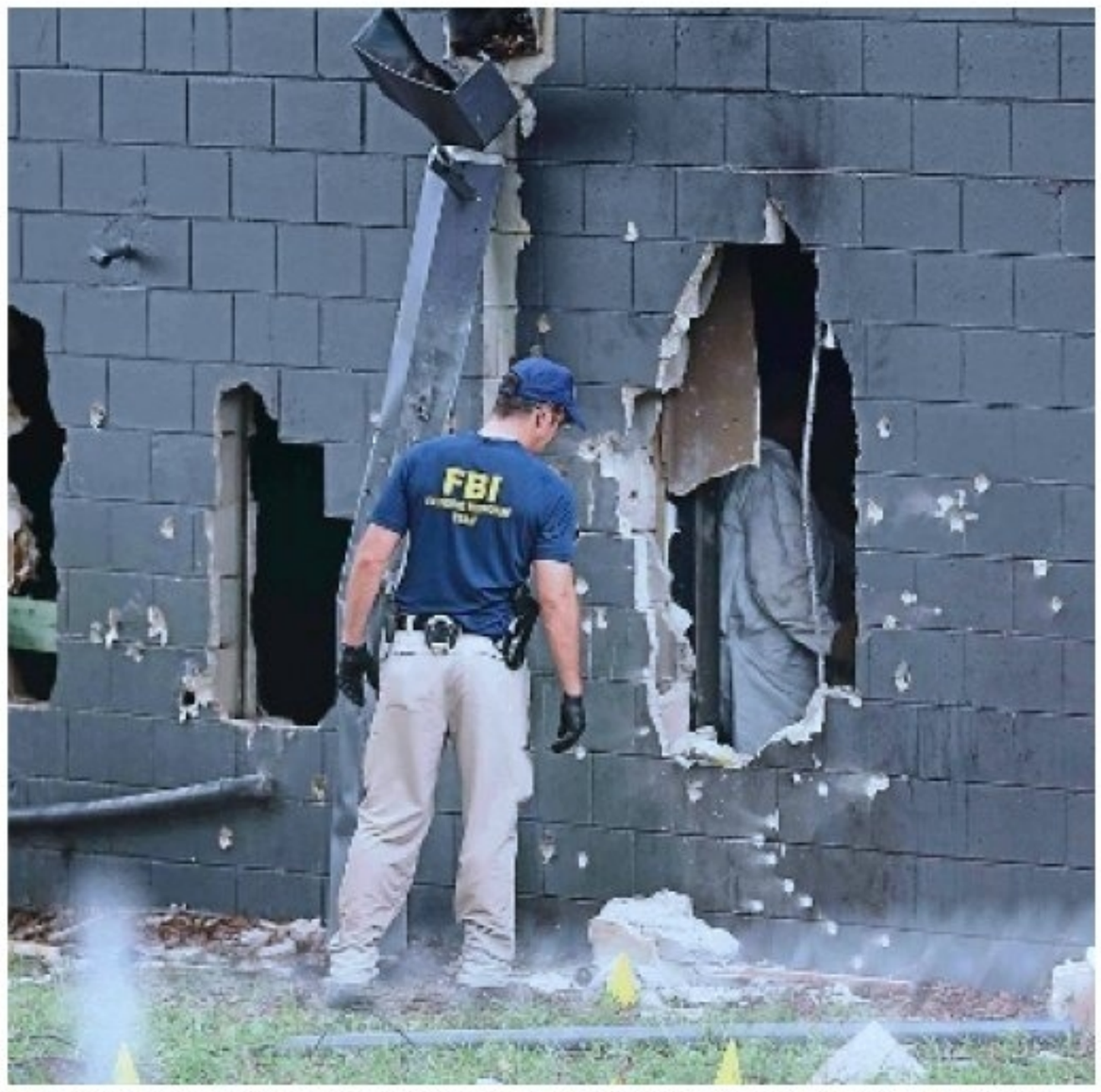
“He had an automatic rifle, so nobody stood a chance,” said Jackie Smith, who saw two friends next to her get shot. “I just tried to get out of there.”

Mateen exchanged gunfire with 14 police officers at the club. In addition to the assault rifle, the shooter also had a handgun and some sort of “suspicious device,” the police chief said.

THE ASSOCIATED PRESS

BACKGROUND

The previous deadliest mass shooting in the U.S. was the 2007 attack at Virginia Tech, where a student killed 32 people before killing himself.



FBI agents investigate the damaged rear wall of the Pulse Nightclub in Orlando, Fla., where a mass shooting killed at least 50 people and injured 53 others in what is the deadliest mass shooting in the country’s history. JOE RAEDLE/GETTY IMAGES

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‘Mentally unstable, mentally ill’

PROFILE

FBI, former wife describe shooter who hailed Daesh

A bomb disposal unit checks for explosives around the apartment building in Fort Pierce, Fla., where Orlando nightclub shooter Omar Mateen, pictured at right in an undated photo, is believed to have lived. JOE RAEDLE/GETTY IMAGES; LEFT: MYSPACE/THE ASSOCIATED PRESS

He was a body builder and a security guard, a religious man who attended the local mosque and who at one point expressed interest in becoming a police officer, though he never pursued it.

Early Sunday, 29-year-old Omar Mateen gunned down dozens at a gay nightclub in Orlando, police said.

A law-enforcement official says Mateen was known to the FBI before the incident and had been looked at by agents within the last few years.

The official said the matter for which Mateen came under investigation was “open and closed pretty quickly.”

Mateen was the son of an Afghan immigrant who had a talk show in the U.S., the nature of which was not entirely clear: A former Afghan official said the program was pro-Taliban and a former colleague said it was enthusiastically pro-American.

Mateen attended evening prayer services at the city’s Islamic Center three to four times a week, most recently with his young son, said Imam Syed Shafeeq Rahman. Although he was not very social, he also showed no signs of violence, Rahman said.

> He would just come home and start beating me up because the laundry wasn’t finished or something like that.
>
> Omar Mateen’s ex-wife

“When he finished prayer he would just leave,” Rahman said.

He was also bipolar, Mateen’s ex-wife, Sitora Yusufiy, told reporters in Boulder, Colo.

“He was mentally unstable and mentally ill,” Yusufiy said. She said he would not let her speak to her family and that family members had to come and literally pull her out of his arms.

Yusufiy said she was “devastated, shocked, started shaking and crying” when she heard about the shooting, but she attributed the violence to his mental illness, not any alliance with terrorist groups.

She said he wanted to be a police officer and had applied to the police academy. Mateen was a security guard at G4S.

Authorities immediately began investigating whether the assault was an act of terrorism. A law enforcement official said the gunman made a 911 call from the nightclub professing allegiance to the leader of Daesh.

In 2014, FBI agent Ronald Hopper said, officials found that Mateen had ties to an American suicide bomber. He described the contact as minimal, saying it did not constitute a threat at the time.

Mateen purchased at least two firearms legally within the last week or so, according to Trevor Velinor of the Bureau of Alcohol, Tobacco and Firearms

THE ASSOCIATED PRESS

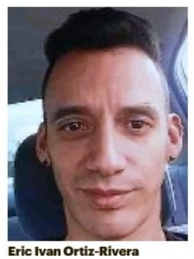
Names of victims emerging

Luis S. Vielma
FACEBOOK

Edward Sotomayor Jr.
FACEBOOK

Luis Omar Ocasio-Capo
FACEBOOK

Peter O. Gonzalez-Cruz
FACEBOOK



Eric Ivan Ortiz-Rivera
FACEBOOK

Stanley Manolo Almodovar III
FACEBOOK

Obama condemns attack

RESOLVE

President calls shooting an ‘act of terror’ and ‘hate’

Barack Obama addresses the shooting Sunday. GETTY IMAGES

U.S. President Barack Obama decried the deadliest mass shooting in American history on Sunday as a terrorist act targeting a place of “solidarity and empowerment” for gays and lesbians. He urged Americans to decide “if that’s the kind of country we want to be.”

Hours after a gunman killed at least 50 people in Orlando, Obama said the FBI would investigate the nightclub shooting as terrorism but said the shooter’s motivations were unclear. He said the U.S. “must spare no effort” to determine whether the suspect had any ties to extremist groups.

“What is clear is he was a person filled with hatred,” Obama said. He added: “We know enough to say that this was an act of terror and an act of hate. And as Americans, we are united in grief, in outrage and in resolve to defend our people.”

Obama had planned to travel to Wisconsin on Wednesday for his first campaign appearance of the 2016 race, a joint rally with Hillary Clinton in Green Bay, Wisconsin. But Clinton’s campaign and the White House said that event was being postponed in light of the attack.

The president, who has proclaimed June as Lesbian, Gay, Bisexual, and Transgender Pride Month, called the attack “heartbreaking” for the LGBT community. He said the site of the shooting was more than a nightclub because it was a place where people came “to raise awareness, to speak their minds and to advocate for their civil rights.”

THE ASSOCIATED PRESS

IN BRIEF

Man detained with guns, explosives in California
An Indiana man armed with three assault rifles and chemicals used to make explosives was arrested in Southern California on Sunday and told police he was headed to a gay pride parade — an event that annually draws hundreds of thousands of people, authorities said.

The arrest in Santa Monica of James Wesley Howell, 20, came just a few hours after the shootings in Orlando, though authorities said they had found no evidence of a connection between the suspects. THE ASSOCIATED PRESS

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metro VIEWS
Orlando shooting
Monday, June 13, 2016

VOICES FROM CANADA'S LGBT COMMUNITY

Coast-to-coast outrage

Metro sought out reaction to the Orlando massacre from prominent LGBT advocates in Halifax, Ottawa, Toronto, Winnipeg, Calgary, Edmonton and Vancouver. Their shock was palpable, as was their resolve to unite their communities around the tragedy, which saw 50 people killed and more than 50 others injured. **Here's what some of them said.**

'My heart goes out to the victims. Our community has suffered a tremendous loss. We must stand together.'

ELLEN PAGE, HALIFAX, ACTRESS AND LGBT ACTIVIST, (VIA TWITTER)

'The injury to an LGBT person is an injury to all of us. I'm tired that we're having to deal with this kind of hatred again.'

EL-FAROUK KHAKI, TORONTO, FOUNDER,LGBT-FRIENDLY UNITY MOSQUE

'This is an extreme act of violence targeting not just individuals but an entire community, to eradicate a community.'

KRIS WELLS, EDMONTON, INSTITUTE OF SEXUAL MINORITY STUDIES, UNIVERSITY OF ALBERTA

'The more we point fingers, the more we will become further divided. We need to reunite and remember the people who lost their lives.'

NOLAN HILL, CALGARY, LBGT ACTIVIST WHO ORGANIZED A VIGIL THE CITY'S OLYMPIC PLAZA.

'Historically, LGBTTQ clubs have always been a bit of a safe space. To have this happen in a club like that — it's saddening.'

JEFF MYALL, PRIDE WINNIPEG

ROSEMARY WESTWOOD

Orlando's meaning depends on which echo chamber you live in

The bloodiest mass shooting in U.S. history has sent the country into shock. But the reaction was set in stone long before the first bullet was fired.

After a single man massacred 50 people at downtown gay club, Orlando, Fla,. "tragically sits atop a list of infamy, sharing the sorrow of Virginia Tech, Newtown, Conn., and Aurora, Colo," to quote the Orlando Sentinel newspaper. These sites of mass shootings are a new category of American city to which none aspires, and that are inevitably used as shorthand for conflicting beliefs.

"Liberals are going to scream gun control and Republicans are going to scream terrorism," my American fiancé told me. I had called him and his parents in the wake of news, as play-by-play coverage of the investigation and fallout rolled across American media.

"Mass shootings are the Rorschach test," he said. "Whatever you want to see in America, you see your issue in it. They get bigger and bigger. It's an epidemic, and whatever you think the cure is, the epidemic just proves it."

That isn't to say such issues — be it terrorism, gun control, LGBTQ hatred or mental health — are baseless. The gunman, Omar Mateen, did reportedly claim allegiance to the Islamic State in a 911 call before the attack, and ISIS has claimed responsibility. (Whether Mateen had any "direct link" to ISIS, or was simply inspired, remains unclear, the New York Times reported). Mateen reportedly acquired both the handgun and a long gun used in the attack legally. Mateen's father said that Mateen was recently greatly upset at seeing two men kissing. And who wouldn't wonder about the mental health of a mass murderer?

But the rush to diagnose races far ahead of the rush to understand because doing so lets us box the problem away, requiring no further thought, or even nuance. In this way we preclude any real progress toward preventing violence, and saving lives.

The right dismisses the left, and the left does the same, and the echo chambers increase hatred and violence as we skip straight to blame, noted my future father-in-law.

And what of the slain? As their names are slowly released, they battle with "terrorism" and "guns" for headline space, and our attention.

"We need to support each other, we need to love each other, and we will not be defined by a hateful shooter," said Buddy Dyer, Orlando's mayor.

The city might achieve that goal in practice, but the symbolism of its name has been set. And the nation was defined by the shooter before he took a single shot.

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metro LIFE

Your essential daily news

Monday, June 13, 2016

"If someone tells you they have been sexually assaulted, take it effing seriously and listen to them."

Documentary filmmaker Ken Burns in his keynote speech to the Stanford graduating class on Sunday.

Some parents are using the publicity surrounding the sentencing of former Stanford student Brock Turner, seen above, to talk to their own children about sexual misconduct.

THE ASSOCIATED PRESS FILE

How to talk about consent

ANALYSIS

It's never too early to teach kids about healthy sexuality

When a relative swoops in for an unwanted hug, Todd Minerson's kids don't grin and bear it.

"I teach my kids now, if you don't want to hug grandpa today, that's OK," said Minerson, a father to a 10-year-old boy and a 5-year-old girl and executive director of White Ribbon, an organization promoting gender equality and challenging harmful ideas of masculinity. "That's (their) choice and he's going to respect that."

How to teach children about consent is one of the teachable moments sexual health educators are hoping to come from outrage over details in the Stanford University swimmer sexual assault case — in which a jury in March convicted student athlete Brock Turner, 20, of sexually assaulting an unconscious woman by a dumpster last year. That outrage intensified last week as the victim's impassioned letter spread online, along with Turner's father's in-court comments about "20-minutes-of-action" not warranting his son's six-month jail sentence.

Parents need to talk to their children about consent, healthy sexuality and about taking responsibility when they cause harm, educators say.

"It starts from birth," said Lyba Spring, Toronto sexual health educator, explaining that as babies, parents should use a gentle, loving touch with their child. As he or she grows, the parent should teach the dictionary names of all body parts, tell the child that touching oneself is OK but should be done in private, and help the child practise saying a big, affirmative "Yes."

Parents also must respect their child's "Nos." If a child doesn't want to be picked up, tickled or hugged, parents must accept that, said Spring.

The message needs to be clear: your body is your own, she said.

As children get older and conversations turn to sex, the message should evolve and include the three prerequisites for any sexual interaction: consent, safety and pleasure, said Spring. She tells students "substances and sexual activity are a bad mix," though it's one thing to be buzzed and another to be incapacitated — an unconscious person can't legally consent to sexual activity under the Canadian criminal code. If consent isn't clearly there, "You stop on a dime," she said.

If you hear an answer that's anything but enthusiastically affirmative, it's not OK

Todd Minerson, executive director of White Ribbon on consent

But educators and anti-violence advocates admit even they have trouble answering tough questions about the nitty-gritty of consent.

"Nuance is hard," said Minerson. "There are a thousand different scenarios that in real life people could find themselves in. And they need to have the principles and strategies to figure them out themselves."

When working with groups of boys whose questions start going down a rabbit hole, Minerson comes back to the hallmark questions of consent: Is it affirmative? Is it enthusiastic? Is it ongoing?

"If you hear an answer that's anything but enthusiastically affirmative, it's not OK," he said.

Some educators say there's no difference between teaching consent to boys versus teaching it to girls.

But Minerson said that although the mechanics may be the same for both sexes, the context is sometimes different. Men need to know they need to ask for consent, and women need to know it's OK to say "no" and that "no" needs to be respected, he said.

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YOU CAN DO THIS MEDICAL LABORATORY TECHNICIAN

'Impeccable attention to details'

WHY I LIKE MY JOB

Debby Sousa, 39, Medical Lab Technician, Cytology Department – LifeLabs, Toronto

My leap into the health care industry was a career change I'll never regret. I was laid off during the recession in 2008 and decided to enrol in the medical technician program at the Algonquin Career Academy. The program offered a six-week placement in a health care setting, which led to my full time position at LifeLabs.

As a cytology technician, my job is to collect and accurately process patient specimens, which are small clusters of cells from tissue or body fluids. Essentially, I serve as the bridge between physicians and medical technologists, properly labelling and distributing patient vials while additionally assisting with specimen processing for the analysis and microscopic screening of cancer cells.

I am proud of my role in patient care. It's very fulfilling, and I enjoy being able to provide the best possible service for patients, fellow technicians and health care providers. The job requires impeccable attention to detail since it's such a vital service to the health care system. Most of all, I love being able to work with a diverse team that supports one another, encourages professional growth, and makes each day fun and unique.

THE BASICS: Medical Assistant

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Median salary of entry-level medical lab technicians. Advanced professionals in this line of work can earn upwards of **$60,000** annually.

+15%

The amount of growth expected in this field over the next 8 years.

Data for this feature was provided by payscale.com, service-canada.gc.ca, trade-schools.ca and onetonline.org.

HOW TO START

Most post-secondary diploma or certificate programs span six to 14 months, with a direct focus on the pre-analysis components of medical lab duties. After graduation, students will typically gain hands-on laboratory experience in medical sample collection and preparation, equipment maintenance and basic laboratory testing.

WHERE YOU CAN GO

A qualified medical laboratory technician can expect to find work in several facilities, including walk-in clinics, hospitals, research labs, animal clinics and government departments. The onset of new illnesses – matched with the demand for more medical tests due to an aging population – has led to an increase in job prospects. Recent advances in medical equipment and technology have allowed physicians to order a much wider range of patient tests – creating more demand for qualified technicians.

NEXT CAREER STEP

A medical laboratory technician can pursue additional education and training to become a medical laboratory technologist, which typically detects and monitors medical conditions through performing diagnostic tests on specimens. A technician may also earn qualifications for advanced roles as a phlebotomist, echocardiography technologist or cardiology technologist.

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Keeping up with the Joneses is futile

SHOPPING

There are better ways to be happy than materialism

Gail Vaz-Oxlade
For Metro Canada

Metro columnist Gail Vaz-Oxlade says activities will enrich your life more than new possessions will. ISTOCK

Our willingness to exchange our life energy for stuff has become so acceptable that we don't even perceive it to be a problem. Why else would folks who have no money in an emergency fund, or nothing saved for the future, think it's OK to drop $5 for a cup of coffee or $200 on a new pair of shoes? Why do we celebrate shopping by lining up for hours to acquire the latest doodad or get the "best deal"? Why are we so much more willing to admire a person's outsides than their insides?

Do you really think that stuff defines who you are to the people around you? Do you really want those people around you — people who are unable or unwilling to know YOU, but perfectly happy to judge your stuff? Really?

Once upon a time we could assume that a couple with a nice house, a snappy car and cool clothes had their financial lives together. But the proliferation of credit has skewed the picture. I was having dinner with a friend recently who said, "I make more than my neighbours and they have way nicer stuff than I do. How come?" I asked if she had any debt. She said all she had was a mortgage.

"Rest assured," I said. "Those neighbours with all the nicer stuff have way more debt than you do."

Until folks recognize that their stuff does not define them are always going to have to keep buying more stuff. So much stuff that they'll actually have to go out and buy more space to keep all their great stuff.

The flip side of this is recognizing that "doing" does more for you than "having." The more time you spend reading, knitting, cooking, visiting, playing, laughing, dancing, preserving, creating, the more accomplished you will feel and the richer your life will be regardless of what your stuff looks like.

Learn something new and feel the pleasure ooze through you. Practise to become more proficient and bathe in a sense of real accomplishment. Focus on the things you are doing — as opposed to rushing though them so you have time to go shopping — and watch those things become more meaningful to you.

> **Rest assured, those neighbours with all the nicer stuff have way more debt than you do.**

Doing less with more intention not only brings more pleasure in the doing, it reduces your desire to acquire because you're so busy enjoying what you have. And if you don't get everything done in a whirlwind of activity that means you have something wonderful you can look forward to doing tomorrow.

Slow down. Savour. Share. You are what you do with your life, not what you have. The shiniest pots and the sharpest knives don't make you a wonderful cook. Sure there's the thrill of acquisition and first few uses. But it is the cooking, and sharing the cooking, challenging yourself with new recipes and experiment with new ingredients, that will bring joy to your cooking experience and your life.

Swap delirious want for joyful doing and it won't really matter what your stuff looks like, or who comments on it, because you'll be so happy you'll just blow off their shallowness and superficiality.

For more money advice, visit Gail's website at gailvazoxlade.com

metro SPORTS

UEFA have threatened England and Russia with expulsion from Euro 2016 should there be further violence from their fans

March of the Penguins leads to Stanley Cup

NHL PLAYOFFS

Pittsburgh wins hockey's greatest prize for fourth time

The Pittsburgh Penguins have come full circle to capture another Stanley Cup.

Exactly seven years to the day since their last Cup victory, the Penguins hoisted the game's greatest prize for the fourth time, beating the San Jose Sharks 3-1 in Game 6 at SAP Center on Sunday night.

The Penguins had 12 different scorers in the final, although Conn Smythe Trophy winner and team captain Sidney Crosby never had a goal.

Unheralded defenceman Brian Dumoulin opened the scoring in Game 6 on a power play, later joined on the scoresheet by Kris Letang, who scored the go-ahead goal and eventual game-winner.

Crosby had two assists in the Cup-clinching victory, including the setup of Letang as well as Patric Hornqvist's empty-netter.

Matt Murray, meanwhile, responded with a fine 18-save performance. The unexpected 22-year-old starter for the Penguins this spring matched the NHL record for wins in the post-season by a rookie goaltender (15), also improving to 6-0 in games that followed a loss.

Much like their last Stanley Cup win in 2009, when Dan Bylsma replaced Michel Therrien, the Penguins morphed into a different team after a mid-season coaching change. Pittsburgh was suddenly playing faster, scoring more and controlling the puck more often after Mike Sullivan replaced Mike Johnston in mid-December.

"If anything, there's a lot of similarities. I think if you look at how we got here as far as a group and what happened," Crosby said before the final.

Crosby and Letang especially took off under Sullivan as did Phil Kessel, who soon became a feared creator of offence on the team's third line and dominant post-season force. Sullivan's intention upon his promotion was to play to the strengths of the team's best players.

"Speed in all of its forms is what I envisioned with this group," Sullivan said during the final.

The Penguins went 33-16-5 after Sullivan took over, while sitting near the top of the league in puck possession. And indeed, their speed was evident all throughout the Cup final, both in terms of how quickly they moved the puck and their feet.

Kessel, who led the Penguins in post-season scoring with 22 points, was among the key additions made to the roster over the course of the last year, joined by Carl Hagelin (16 points in the playoffs), Nick Bonino (18 points), and Trevor Daley, among others.

"All those moves are important, they all add up and that's certainly a big one," Crosby said of the Kessel trade, which sent a package of prospects, picks and players to Toronto.

Despite not scoring, Crosby was a force throughout the final, especially early in the series and then again in Game 6. Crosby finished with four points (all assists) against the Sharks and 19 points in the playoffs. THE CANADIAN PRESS

Penguins captain Sidney Crosby hoists the Stanley Cup after beating the Sharks 3-1 in Game 6 of the final in San Jose, Sunday. CHRISTIAN PETERSEN/GETTY IMAGES

GAME 6 In San Jose

NHL

Crosby fondly looks back on Howe

Sidney Crosby can't recall whether it happened during his first or second season in the league, but he remembers everything else about meeting Gordie Howe.

"Like anyone else, you don't even know what to say," Crosby said of his brief encounter with Howe.

Gordie Howe GETTY IMAGES FILE

Howe, also known as "Mr. Hockey," died Friday. He was 88.

Crosby described Howe as the ultimate role model, someone he was fortunate to have met.

The Pittsburgh Penguins captain remembers being struck by how kind and genuine Howe was.

"He's probably met so many people over the years, but I think for anyone who's met him, they'll tell you that he makes you feel pretty comfortable," Crosby said.

Like Wayne Gretzky, who has described Howe as his hockey idol, Crosby, too, was influenced by the longtime Red Wings great.

"When you think of hockey, that's who you think of, you think of Gordie Howe," Crosby said. "The way he played, the way he conducted himself, he's a role model for a lot of people, including myself."

THE CANADIAN PRESS

GOLF

Henderson captures her first major title

Canadian Brooke Henderson beat top-ranked Lydia Ko with a birdie on the first hole of a playoff Sunday in the KPMG Women's PGA Championship after overcoming a three-shot deficit on the back nine.

90

Henderson sank a 90-foot eagle putt from off the green on the 11th hole.

The 18-year-old native of Smiths Falls, Ont., ranked No. 4 in the world, closed with a bogey-free 6-under 65 — the best round of the week at Sahalee — to match Ko at 6-under 278. Ko finished with a 67.

In the playoff on the par-4 18th, Henderson hit her second shot from 155 yards to three feet, while Ko's second from farther back in the fairway left her with 20 feet. Ko missed to the left and Henderson tapped in. THE ASSOCIATED PRESS

IN BRIEF

Green suspended for possible Warriors clincher

Golden State star Draymond Green was suspended for Monday's Game 5 of the NBA Finals after the league assessed a Flagrant 1 foul from his scuffle with Cleveland's LeBron James.

A statement said Green "made unnecessary contact with a retaliatory swipe of his hand to the groin" of James in the closing minutes of the Warriors' Game 4 victory Friday night. THE ASSOCIATED PRESS

Logano wins in Michigan

Joey Logano pulled away from the pack to win the FireKeepers Casino 400 in Brooklyn, Mich., becoming the 10th driver to win a NASCAR race this season.

The pole-sitter moved past rookie Chase Elliott on lap 153 Sunday and stayed ahead for the 15th Sprint Cup series victory of his career in the 15th race of the year.

Elliott finished a career-best second, followed by Kyle Larson.

THE ASSOCIATED PRESS

FORMULA ONE

Hamilton on top again in Canada

Lewis Hamilton is the Canadian Grand Prix champion again.

The Briton powered his Mercedes AMG to victory Sunday, holding off Sebastian Vettel's Ferrari over the final 32 laps to claim the race for a second year in a row and fifth time overall.

Hamilton edged Vettel by five seconds in the 70-lap race, while Valtteri Botta brought his Williams in third for a second straight year. It was the Williams team's first podium finish of the year. THE CANADIAN PRESS

Lewis Hamilton CHRIS ROUSSAKIS/AFP/GETTY IMAGES

Germans off on the right foot

EURO 2016
GROUP STAGE

World Cup 2014 champs beat Ukraine in opening match

GROUP C In Lille

2 0

Germany began its campaign to add the 2016 European Championship to its 2014 World Cup with a promising 2-0 victory over Ukraine on Sunday.

Shkodran Mustafi's header set Germany on its way to a win that was sealed by substitute Bastian Schweinsteiger in the second minute of injury time, just two minutes after the midfielder had come on to the pitch.

The day's earlier matches both ended in 1-0 finals, with a wonder strike from Luka Modric seeing Croatia beat Turkey in a bruising encounter and Arkadiusz Milik scoring for Poland against Northern Ireland.

In the dying minutes of its match, Germany surged forward on the break and Mesut Ozil provided the perfect cross from the left flank for Schweinsteiger to hammer into the net.

"A Bastian Schweinsteiger is worth his weight in gold," Germany coach Joachim Loew said.

Schweinsteiger, who suffered his second serious knee injury of the year in training on March 22 and hadn't played since, could barely believe the way his luck had turned.

"Incredible that something like this can happen, you can only wish for it," he said.

There were similar feelings for Modric after he beat Volkan Babacan in the Turkey goal.

The Real Madrid midfielder wasn't aware that a Croatia fan had breached the stadium security and got onto the pitch to celebrate with the players.

"After scoring this kind of goal I didn't even notice at first," Modric said of the incident. "If he went on the pitch, he went with a really positive attitude."

Poland fully deserved its win over a Northern Ireland side that looked out of its depth.

Poland forward Robert Lewandowski, qualifying's top scorer, was marked out for large stretches of the game, but this created space for others and the attacking midfielder Milik scored the decider with a low shot in the 51st minute.

"This team is very experienced and we know that this was just only the first match," midfielder Grzegorz Krychowiak said through a translator. "In order to win the tournament, we cannot be satisfied with just three points tonight. THE ASSOCIATED PRESS

German centre back Jerome Boateng clears a ball off of Manuel Neuer's goal-line on Sunday in Lille, France. DENIS CHARLET/AFP/GETTY IMAGES

FRANCISCO LEONG/AFP/ GETTY IMAGES

25-metres

Luka Modric put in an early bid for goal of the tournament on Sunday as he strode forward into the path of a high clearance and sent a 25-metre shot past a diving Volkan Babacan into the Turkish net in Croatia's 1-0 win.

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RECIPE Panzanella

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This rustic salad is a revelation if you've never had the Tuscan summer classic. Get the best, preferably heirloom, tomatoes you can find for the best result.

Ready in
Prep time: 10 minutes
Cook time: 5 minutes

Ingredients
- 1 cup extra virgin olive oil
- 1/2 red wine vinegar
- 1/2 tablespoon Dijon mustard
- salt and pepper to taste
- 4 cups of slightly stale, crusty bread, cubed
- 4 tomatoes roughly chopped
- 1 cucumber peeled and roughly chopped
- 1 yellow pepper
- 1/2 red onion finely sliced or chopped
- 1/2 cup pitted black olives
- 1/2 cup or so of shaved Parmesan

Directions

1. Pour oil, vinegar, Dijon and salt and pepper into a small jar, place the lid on and shake well.

2. In a large salad bowl, toss together the bread, tomatoes, cucumber, pepper, onions, black olives and Parmesan.

3. Drizzle the salad with some dressing and toss, then repeat, giving the bread a chance to drink up the dressing. You want the bread to be moist but not drowned.

4. There will be more dressing than you need, but you'll need more than you'd use for a regular salad as the bread will drink it up.

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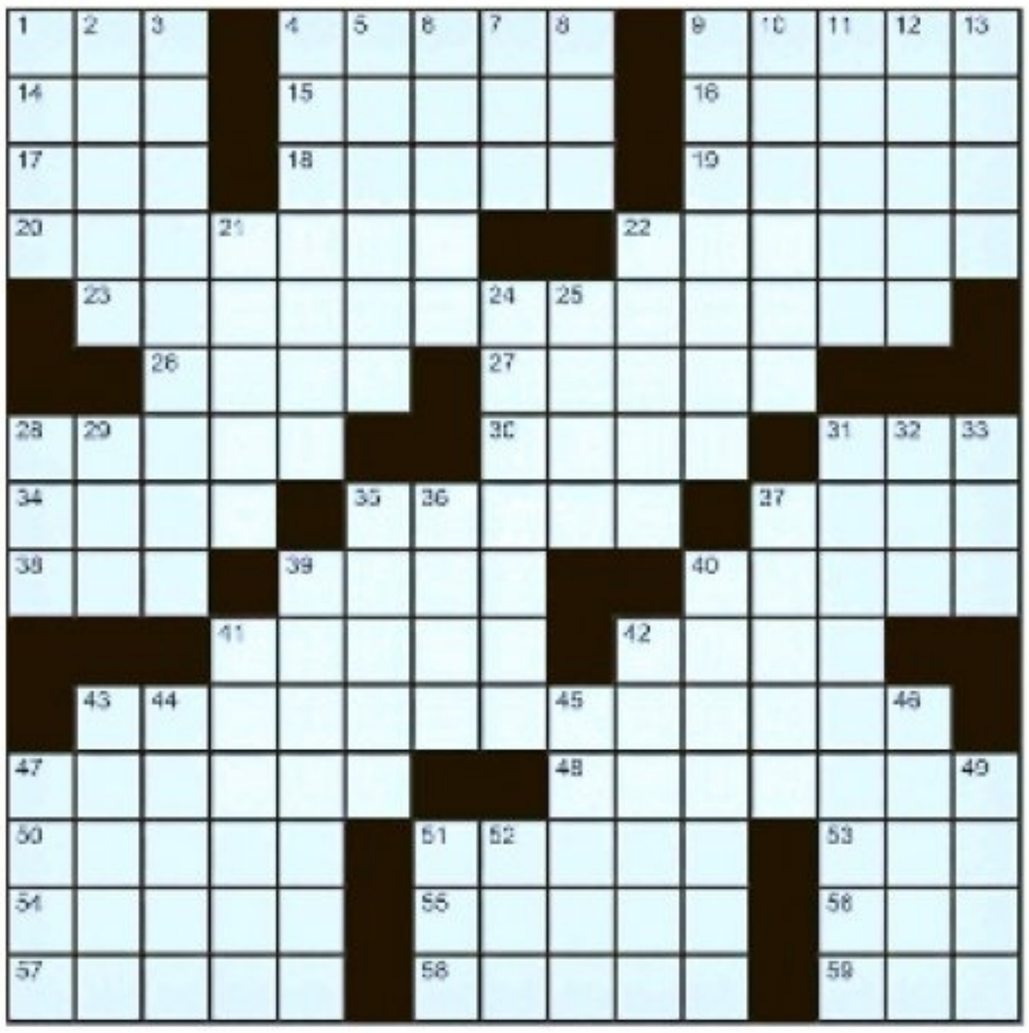
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Mr. McDonald, Science journalist who hosts #43-Across
4. Be a war journalist inside a military unit
9. Donald of Steely Dan
14. Yore's 'before'
15. "All true!": 2 wds.
16. Sheep-like
17. Mr. Asner's
18. Toast's border
19. _ _ _ _ _-r-t-i-o-n-i-s-t (Acrobat)
20. Dog, when responding to a throwing-a-stick human
22. Arizona city in "Get Back" by The Beatles
23. Cultural attraction in Victoria, founded in 1886: 3 wds.
26. Thurs. followers
27. Montreal stop sign word
28. Just joking: 2 wds.
30. Some bar drinks
31. Pussycat Dolls hit: "Don't _"
34. Views
35. Intelligent individuals institution
37. Decked out
38. Dept. head
39. Streetside eatery
40. Ray Charles' instrument
41. Shindig
42. Cottage's left-out garbage rummager
43. Long-running CBC Radio One program about news in the world of science: word + symbol + word
47. Radio dials
48. Like the not-in-the-oven-yet tinfoil-wrapped potato
50. Risky/complicated
51. Picture
53. Nightfall
54. Brief beginning
55. Ranked
56. Fresh
57. Dutch painter Jan
58. Manicure board
59. Sample

DOWN
1. Gripe
2. Harmony
3. It's what the owners accept in a real estate bidding war: 2 wds
4. Shackle
5. Chef's mushrooms
6. Little write-up
7. '_' _ for Edmundston
8. Sleuth [abbr.]
9. Sharpens the image
10. Shorebird with stilt-like legs
11. TV-advertised knife set brand
12. Insects sci.
13. Arcade Fire album: '_ Bible'
21. Billy Ray _
22. _ _ profit (Make money)
24. '80s police series, "_ _ Lacey"
25. Hosp. pictures
28. 'Tour' suffix
29. Positive opp.
31. Character co-created by Canadian cartoonist Joe Shuster: 2 wds.
32. Role for Harrison in '77
33. Rumpus
35. Targets
36. Tiny amphibians
37. Single-named American songstress
39. CSNY song on 1970's 'Deja Vu': 2 wds.
40. Broadcasting award since 1941 that says 'University of Georgia' on it
41. Saint-_ et Miquelon (Islands in Atlantic Canada which belong to France)
42. Lightly-hitting player at bats
43. Mod fashion icon in 1960s Britain, Mary _
44. Amalgamate
45. Citation
46. Lop
47. "Analyze _" (1999)
49. Moist, as morning grass
51. Prior
52. Performer

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is an exciting, upbeat day for you! You will enjoy meeting new faces and seeing new places. Unexpected news might catch you off guard. (It's not a boring day.)

Taurus April 21 - May 21
Keep an eye on your finances, because they are unpredictable today. For example, you might find money or you might lose money. Likewise, guard your possessions against loss or theft.

Gemini May 22 - June 21
You feel impulsive and impetuous today! You easily might do something strange on a whim. Invite someone to share a good time with you, or accept unexpected invitations yourself.

Cancer June 22 - July 23
Some kind of hidden treasure might come your way today. If it does, be aware that this window of opportunity is brief, so you will have to act fast. Just say, "Yes!"

Leo July 24 - Aug. 23
You might meet an unusual character today who is intriguing. Or possibly, someone you already know will do something that amazes you. (People intrigue you today.)

Virgo Aug. 24 - Sept. 23
You might develop a crush on your boss or someone in a position of authority today. Or perhaps, this person will bestow a gift on you or do a favor for you. Fingers crossed!

Libra Sept. 24 - Oct. 23
Sudden opportunities to travel might fall in your lap today. Others might get an opportunity for further training or education. If so, act fast, because this opportunity won't last long.

Scorpio Oct. 24 - Nov. 22
Surprise gifts and goodies might come your way today, so be receptive to this. Do not hesitate. Accept what is offered, because you deserve it.

Sagittarius Nov. 23 - Dec. 21
A friend or partner might surprise you in a lovely way today. This is a great day to deal with others, even members of the general public. Expect to be pleased.

Capricorn Dec. 22 - Jan. 20
A surprise raise or praise from others will delight you today. You might also get a chance to make your workplace look more attractive.

Aquarius Jan. 21 - Feb. 19
A surprise invite to a fun event will please you today. Enjoy partying with others, especially with children.

Pisces
Feb. 20 - March 20
You might spontaneously entertain at home today, even though it is not planned. Therefore, be prepared and stock the fridge.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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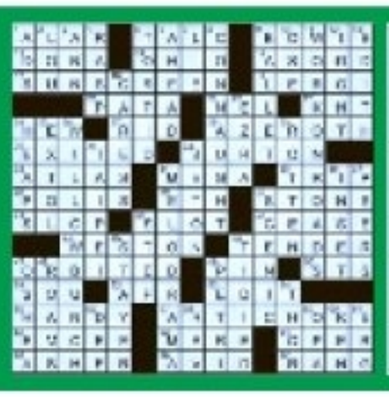

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